



## Declaration & Indemnity Form

This indemnity clause is to cover all open water swimming activity organised by TriSport Coaching UK at Quayside, Mytchett, for the 2010 season.

By signing this agreement the swimmer also agrees to conform to any reasonable changes top the schedule that may occur due to unforeseen difficulties.

First Name		
Last Name		
Gender	Male	Female
Date of Birth		
Address		
Email address		
Contact Number		
Emergency Contact Name		
Emergency Contact Number		

### Indemnity Clause

I acknowledge, to the best of my ability, that I am in good health and have no known medical problems that would restrict my ability to participate in open water swimming. I recognise that participation in physical activity involves the risk of injury to my person or my property. I acknowledge that whilst I participate I do so entirely at my own risk.

I will not hold TriSport Coaching UK or Quayside, their instructors, members, servants or agents liable for any personal injury, loss of property which I may suffer whether caused by the negligence or omission of any of the above.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**TriSport Coaching UK Limited**

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